# The Canadian Children's Food and Beverage Advertising Initiative: 2010 Compliance Report



Advertising Standards Canada September 2011





# **Foreword**

Advertising Standards Canada (ASC) is pleased to issue the *Canadian Children's Food and Beverage Advertising Initiative (CAI): 2010 Compliance Report.* This is the third report released since the program's inception in 2007. As in previous years, the Report documents the continued outstanding record of compliance achieved by the participating companies.

The CAI is an important initiative by 19 of Canada's leading food and beverage advertisers that is changing the landscape of food and beverage advertising directed to children. Companies participating in the CAI have committed either to not direct advertising to children under the age of 12, or to shift their advertising to products that are consistent with the principles of sound nutritional guidance.

Because transparency and accountability are key elements of the CAI, ASC, the independent advertising industry self-regulatory body, was asked to administer the program. ASC has a 50-year track record of successful advertising self-regulation, including developing and administering Canada's rigorous framework for regulating children's advertising. As the CAI administrator, ASC's role includes approving and publishing the participating companies' program commitments; annually auditing their compliance; and publicly reporting on the results.

Through the CAI, the participating companies have made real progress in shifting the mix of products they advertise to children to better-for-you choices and in changing the landscape of advertising directed to children. The Report highlights these achievements.

The Canadian food and beverage industry has a long history of supporting responsible advertising standards and is dedicated to improving the well-being of Canadian children through self-regulatory initiatives such as the CAI. Change takes time and effort. Together, ASC and CAI members will continue to work to ensure that the program remains current and relevant, and serves the interests of Canadian children.

The CAI was announced six months after the launch of a similar initiative in the United States that is administered by the Council of Better Business Bureaus (CBBB). ASC gratefully acknowledges the CBBB and Elaine D. Kolish, the U.S. program's Vice President and Director, for their ongoing support and assistance.

ASC invites you to review this Report and to visit www.adstandards.com/childrensinitiative to learn more about the CAI.

As always, we welcome your feedback.

Linda J. Nagel
President & CEO
Advertising Standards Canada

#### **About Advertising Standards Canada**

Advertising Standards Canada (ASC) is the national independent advertising industry self-regulatory body committed to creating and maintaining community confidence in advertising. ASC members leading advertisers, advertising agencies, media and suppliers to the advertising industry – are committed to supporting responsible and effective advertising self-regulation. A not-for-profit organization, ASC administers the Canadian Code of Advertising Standards, the principal instrument of advertising self-regulation in Canada, and a national mechanism for accepting and responding to consumers' complaints about advertising. Complaints are adjudicated by independent volunteer councils, comprising senior industry and public representatives. ASC reports to the community on upheld complaints in its online Ad Complaints Reports. Through ASC Clearance Services, ASC provides advertising copy review in five regulated categories to ensure compliance with specific laws, regulations, codes and guidelines.

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# **Executive Summary**

The Canadian Children's Food and Beverage Advertising Initiative: 2010 Compliance Report documents the continuing progress made by the participating companies (Participants) in the Canadian Children's Food and Beverage Advertising Initiative (CAI). As Canada's independent national advertising industry self-regulatory body, Advertising Standards Canada (ASC) serves as the CAI program administrator. ASC has prepared this Report to provide a transparent assessment of the Participants' performance in implementing and meeting their CAI commitments from January 1, 2010 to December 31, 2010.

The Report sets out the CAI key principles and criteria, and assesses the Participants' compliance in each area covered by the CAI. The Report also discusses changes in the children's advertising landscape in Canada since program inception.

The 19 Participants reviewed in this Report include: Burger King Restaurants of Canada, Inc.; Cadbury Adams Canada Inc.; Campbell Company of Canada; Coca-Cola Ltd.; Ferrero Canada Ltd.; General Mills Canada Corporation; Hershey Canada Inc.; Janes Family Foods Ltd.; Kellogg Canada Inc.; Kraft Canada Inc.; Mars Canada Inc.; McCain Foods (Canada); McDonald's Restaurants of Canada Limited; Nestlé Canada Inc.; Parmalat Canada; PepsiCo

Canada ULC; Post Foods Canada Corp.; Unilever Canada Inc.; and Weston Bakeries Limited.

Just over half of the Participants committed to not engage in advertising directed primarily to children under 12 years of age. The balance committed to include only better-for-you products<sup>1</sup> in child-directed advertising<sup>2</sup>.

In assessing Participant compliance, ASC's methodology consisted of an independent assessment process, as well as a detailed review of reports and documentation submitted by each Participant. An in-depth account of ASC's methodology is outlined in Section IV.

#### **PERFORMANCE**

In this third year of the CAI, the record of compliance has again been outstanding. This is attributable both to the dedication and commitment of the Participants and to the thorough and conscientious efforts they have made to ensure that all their key staff, advertising agencies and media buying companies are educated about and committed to the CAI.

ASC's independent monitoring revealed only a handful of instances in which a non-approved product was advertised

<sup>&</sup>lt;sup>1</sup> Throughout this report the terms "better-for-you" and "healthy dietary choices" are used interchangeably.

<sup>&</sup>lt;sup>2</sup> In this report the phrase "child-directed advertising" is used interchangeably with the phrase "advertising directed primarily to children under 12".

in children's television programming. In each case, this was the result of "bonusing" by a television station that resulted in a scheduling error. "Bonus" advertising is not purchased or pre-approved by the advertiser and airs after the execution of planned media schedules without the prior knowledge of the involved Participant. These non-approved products were all featured in adult-directed commercials, and in some cases were products that would not generally appeal to children under 12.

As well, for a short time period, there were two instances in which Participants advertised products that were not yet reviewed and approved for program inclusion. This was the result of administrative errors.

#### 2010 ENHANCED CORE PRINCIPLES

The CAI Core Principles were enhanced in 2010. The original core principles required that 50% of Participants' advertising directed primarily to children under 12 be for better-for-you products. Now, 100% of this advertising must be for better-for-you products. At the same time, the scope of the CAI was expanded to include additional media:

- i. Video and computer games rated "Early Childhood" or "EC" that are inherently primarily directed to children under 12, and other games that are age-graded on the label and packaging as being primarily directed to children under 12;
- ii. DVDs of "G" rated movies in which content is primarily directed to children under 12, and other DVDs in which content is primarily directed to children under 12; and
- iii. Mobile media such as cellphones, PDAs and through word of mouth<sup>3</sup>, where advertising on those media is primarily directed to children under 12.

#### **PROGRAM CHANGES**

Since the launch of the CAI both the nutritional profile and the array of products advertised to children under 12 have continued to change as Participants reformulated many products and adjusted the range of products they advertise directly to children. Some Participants ceased child-directed advertising altogether, while others launched new better-for-you entries. Improvements have also been made in many product categories, both through the reduction of ingredients including trans fat, sodium and sugar, and through the addition of positive nutrients including fibre, whole grains, vitamins and minerals. These changes are most notable in the categories of Breakfast Cereals and Quick Service Restaurants.

Examples of Participants' product developments are outlined in more detail in the body of the Report.

Since the inception of the CAI, Participants have made efforts to harmonize their definitions of the child audience to the extent possible. Today, almost all Participants use or include audience composition percentages of 25–35% or more of children 2–11 to define definition of advertising primarily directed to children under 12. Exhibit 2 sets out the specific definition used by each Participant.

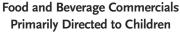
#### ASC TELEVISION SPOT CHECK OF FOOD AND BEVERAGE ADVERTISING TO CHILDREN

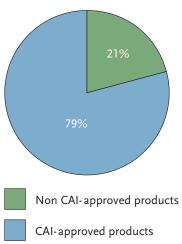
In addition to ongoing monitoring, ASC conducted a spot check of television advertising in 2010. Even with the proliferation of new media, television remains the primary medium used by children's advertisers. Given this, to obtain a snapshot of the children's television advertising landscape, ASC conducted a spot check in early 2010,

<sup>&</sup>lt;sup>3</sup> The commitment regarding word of mouth advertising refers to advertising where a Participant provides incentives (financial or otherwise), product samples or other support to individuals or groups who are not employees to promote consumption of branded food or beverage products or to promote discussion of such products, and the advertising is primarily directed to children under 12 years of age.

monitoring 12 days of child-directed television advertising over four Canadian channels that broadcast programming specifically directed to the under-12 audience. ASC's analysis revealed that television advertising to children spans many product categories, including toys, video and online games, DVDs, in-theatre movies and attractions, as well as food and beverages.

Of the television advertising for food and beverage products, almost 80% was for products covered under the CAI.





There were 24 different CAI-approved products advertised by the Participants to children under 12. Within this group of products, almost half (46%) were ready-to-eat breakfast cereals, while 13% were cheese products<sup>4</sup>. In addition to meeting CAI criteria, almost 80% of these products were either a source of a nutrient or part of a food group that has been identified by Health Canada as one to be encouraged in Canadian children's diets, such as fibre, whole grains or dairy products.

#### **GOING FORWARD**

Since the launch of the CAI in 2007, Participants have been on a journey that is effecting significant changes to the landscape of food and beverage advertising directed to children. This is a continuing effort, and the Participants are committed to regularly reviewing, strengthening and expanding the program.

<sup>&</sup>lt;sup>4</sup> The remaining products were from several different categories. A full list of all advertised products can be found in Appendix 1.

# l Report Overview

The 2010 Compliance Report sets out the progress made by the participating companies (Participants) in the Canadian Children's Food and Beverage Advertising Initiative (CAI) in implementing and meeting the commitments they have made under the CAI. Reporting on the CAI's third year, this Report covers the period from January 1, 2010 to December 31, 2010. As of January 1, 2010, there were 19 Participants whose performance against their commitments is assessed in this Report.

The following Participants are covered in this Report:

- 1. Burger King Restaurants of Canada, Inc. (Burger King)
- Cadbury Adams Canada Inc. (Cadbury)<sup>5</sup>
- 3. Campbell Company of Canada (Campbell Canada)
- 4. Coca-Cola Ltd. (Coca-Cola)
- 5. Ferrero Canada Ltd. (Ferrero)
- 6. General Mills Canada Corporation (General Mills)
- 7. Hershey Canada Inc. (Hershey's)
- 8. Janes Family Foods Ltd. (Janes)
- 9. Kellogg Canada Inc. (Kellogg)
- 10. Kraft Canada Inc. (Kraft Canada)

- 11. Mars Canada Inc. (Mars)
- 12. McCain Foods (Canada) (McCain)
- McDonald's Restaurants of Canada Limited (McDonald's)
- 14. Nestlé Canada Inc. (Nestlé)
- 15. Parmalat Canada (Parmalat)
- 16. PepsiCo Canada ULC (PepsiCo)
- 17. Post Foods Canada Corp. (Post)
- 18. Unilever Canada Inc. (Unilever)
- 19. Weston Bakeries Limited (Weston Bakeries)

Danone Inc. joined the Initiative in August 2011, and will be included in the 2012 Compliance Report.

In 2010, Kraft Foods acquired Cadbury on a worldwide basis, including Canada. In December 2010, Kraft Canada Inc. and Cadbury Adams Canada Inc. amalgamated and continued as Kraft Canada Inc.

# II Background and Developments

Childhood health and obesity is a serious and multi-faceted global issue. The food and beverage industry plays a significant role in supporting the health of Canadians, especially children, and is committed to advertising and marketing products to Canadian children in a responsible way to help prepare them to make wise decisions about nutrition and health. In 2007, the industry launched the CAI to promote healthier dietary choices and healthy lifestyles to children under 12, and to shift the emphasis in children's advertising by the Participants to food and beverages that are consistent with the principles of sound nutritional guidance.

The 16 inaugural Participants were: Cadbury Adams
Canada Inc.; Campbell Company of Canada; Coca-Cola
Ltd.; General Mills Canada Corporation; Hershey Canada
Inc.; Janes Family Foods Ltd.; Kellogg Canada Inc.; Kraft
Canada Inc.; Mars Canada Inc.; McCain Foods (Canada);
McDonald's Restaurants of Canada Limited; Nestlé
Canada Inc.; Parmalat Canada; PepsiCo Canada ULC;
Unilever Canada Inc.; and Weston Bakeries Limited.

Since 2007, the CAI complement has increased with the addition of four companies: Burger King Restaurants of Canada, Inc.; Danone Inc.; Ferrero Canada Ltd.; and Post Foods Canada Corp.

#### A. CAI ORIGINAL CORE PRINCIPLES

When the CAI was established in 2007, each Participant agreed to develop an individual commitment addressing five Core Principles. The principles specified that Participants were to:

- devote at least 50% of their television, radio, print and Internet advertising directed primarily to children under
   12 years of age to further the goal of promoting healthy dietary choices and/or healthy active living;
- incorporate only products that represent healthy dietary choices in interactive games primarily directed to children under 12 years of age;
- reduce the use of third-party licensed characters in advertising directed primarily to children under
   12 for products that do not meet the CAI's product criteria<sup>6</sup>;
- not pay for or actively seek to place food and beverage products in program/editorial content of any medium primarily directed to children; and
- not advertise food or beverage products in elementary schools<sup>7</sup>.

In consultation with ASC, each Participant developed its individual commitment which, once approved by ASC, was published on a dedicated section of ASC's website at www.adstandards.com/childrensinitiative.

<sup>&</sup>lt;sup>6</sup> This principle applies to advertising in media other than broadcast advertising as the use of licensed characters in children's broadcast advertising is already restricted under *The Broadcast Code for Advertising to Children*.

<sup>&</sup>lt;sup>7</sup> This limitation does not apply to displays of food and beverage products, and charitable/not-for-profit activities including fundraising, public service messaging and educational programs.

#### **B. 2010 ENHANCED CORE PRINCIPLES**

The CAI Core Principles were enhanced in 2010. The original Core Principles required that 50% of Participants' advertising directed primarily to children under 12 be for better-for-you products. Now, 100% of this advertising must be for better-for-you products. In addition, the scope of the CAI was expanded beyond advertising on television, radio, in print and on the Internet to include the following additional media:

- i. Video and computer games rated "Early Childhood" or "EC" that are inherently primarily directed to children under 12, and other games that are age-graded on the label and packaging as being primarily directed to children under 12;
- ii. DVDs of "G" rated movies in which content is primarily directed to children under 12, and other DVDs in which content is primarily directed to children under 12; and
- iii. Mobile media such as cellphones, PDAs and through word of mouth<sup>8</sup>, where advertising on those media is primarily directed to children under 12.

All Participants were fully compliant with the new criteria by May 2010. Complete details of the enhanced Core Principles of the CAI can be found in Appendix 4 of this Report.

#### C. CAI NUTRITION CRITERIA

In accordance with the CAI, each Participant directing advertising primarily to children under 12 identified the specific nutrition criteria it used to determine those products to be included in its commitment. The CAI permits Participants to use, subject to ASC approval, company-specific nutrition criteria that are based on respected national and international scientific reports/guidelines,

including those published by Health Canada and the U.S. Institute of Medicine. These guidelines are reflected in Health Canada's and the Canadian Food Inspection Agency's (CFIA) policies and standards, including:

- Eating Well with Canada's Food Guide (provides population dietary guidance); and
- Food and Drugs Act and Regulations, and Guide to Food Labelling and Advertising (sets out permissible claims, including health claims).

The CAI requires that a Participant's nutrition criteria meet at least one of the following:

- foods that reflect the dietary guidelines of Canada's Food Guide:
- foods that meet criteria for disease risk reduction claims, function claims and nutrient function claims as per the CFIA Guide to Food Labelling and Advertising;
- foods that meet the criteria for nutrient content claims as per the CFIA Guide to Food Labelling and Advertising; or
- foods that meet the standards for participating in the Heart & Stroke Foundation's *Health Check*™ program.

Prior to ASC's final approval of each individual Participant's commitment, ASC retained an independent dietitian to evaluate the products covered under each Participant's commitment to ensure they met the CAI's criteria. An independent review is also undertaken, on an as-needed basis, to accommodate reformulated and new products.

For those Participants that advertised directly to children under 12, each provided company-specific nutrition criteria, which are outlined in Exhibit 1.

<sup>&</sup>lt;sup>8</sup> The commitment regarding word of mouth advertising refers to advertising where a Participant provides incentives (financial or otherwise), product samples or other support to individuals or groups who are not employees to promote consumption of branded food or beverage products or to promote discussion of such products, and the advertising is primarily directed to children under 12 years of age.

<sup>&</sup>lt;sup>9</sup> Chapter 8 of the CFIA Guide to Food Labelling and Advertising has renamed "diet-related health claims" and "biological role claims".

# III CAI Program Evolution

# A. EXAMPLES OF CHANGES TO PRODUCT FORMULATIONS

Since the inception of the CAI, the nutritional profile of products advertised to children under 12 has continued to change as Participants reformulated many products and launched new products. Improvements have also been made in many product categories both through the reduction of certain ingredients, including trans fat, sodium and sugar, and through the addition of positive nutrients including fibre, whole grains, vitamins and minerals. Now, every product covered by the program has no more than 200 calories and no meal exceeds 600 calories.

The following are some examples of these product changes.

#### **Burger King**

In mid-2010, Burger King announced its commitment to further reduce sodium levels in all its Kids Meals to no more than 600 mg. It also added two more meals that comply with its CAI criteria: *BK* Kids Meal (Hamburger, *Mott's* Fruitsations Fruit with Calcium Applesauce and *Minute Maid* Apple Juice) and *BK* Kids Meal (four-piece Chicken Tenders, *Mott's* Fruitsations Fruit with Calcium Applesauce and *Minute Maid* Apple Juice).

#### **General Mills**

Since 2005, General Mills reformulated its ready-to-eat cereal product line as necessary to ensure that all such products contain whole grains. Specific to its CAI commitment, the company also reduced the sugar content in products that it advertises under the CAI. The criterion for sugar in General Mills' commitment is 12 g; however, by

December 2010, the sugar content of **all** cereals the company advertises directly to children under 12 had been reduced to 10 g.

#### Kellogg

Kellogg has undertaken to include fibre in most of its ready-to-eat cereals. Several cereals that are being advertised to children under 12 are now a source of fibre. In addition, Kellogg added Mini-Wheats, both in its original form and Mini-Wheats Little Bites, to the list of products that meet its nutritional criteria. These products contain 100% whole-grain wheat and are very high in fibre.

#### **Kraft Canada**

In 2010, Kraft Canada introduced aMOOza! Cheese snacks that are high in protein and a source of calcium.

#### Mars

Mars does not advertise any of its products to children, and in 2010 the company amended its commitment to also include chewing gum products. The extension reflects the acquisition of the Wm. Wrigley Jr. Company.

#### McDonald's

In 2010, McDonald's expanded its Happy Meal line by offering a Grilled Chicken *Snack Wrap*, which consists of a half-portion of grilled chicken made with 100% seasoned chicken breast, shredded Monterey Jack and light cheddar cheese and shredded lettuce with ranch sauce in a soft tortilla. While the Grilled Chicken *Snack Wrap* has been on the McDonald's menu in Canada since 2007, the product's introduction as part of the Happy Meal offering was the result of a reformulation to reduce sodium levels in all of its menu items featuring grilled chicken. By using

a sodium-reduced tortilla, chicken and ranch sauce, 250 mg of sodium has been removed – from 780 mg to 530 mg – for a total reduction in sodium content of nearly one-third (32%). The sodium-reduced Grilled Chicken *Snack Wrap*, when bundled with apple slices and 1% white milk as part of a Happy Meal, meets McDonald's nutrition criteria under the CAI commitment.

#### **Parmalat**

In 2010, Parmalat commenced the reformulation of its Cheestrings and Funcheez products. The changes involved a 25% sodium reduction in Funcheez products, and using only milk with naturally high levels of DHA Omega 3 in the formulation of Cheestrings. By year-end one each of Cheestrings and Funcheez products had been converted, with full conversion completed in early 2011.

# B. EXAMPLES OF CHANGES WITHIN PRODUCT CATEGORIES

In addition to specific products that have been reformulated, there have been overall shifts in the breakfast cereals and quick service restaurants categories.

#### **Breakfast Cereals**

The nutritional profile of cereals advertised by Participants in the CAI has changed, particularly with regard to sugar content and the addition of fibre and other nutrients. Prior to the commencement of the CAI, some cereals advertised to children contained 14 g of sugar per serving. In 2010, 62% of all cereal brands advertised directly to children had 10 g of sugar per serving, while the remainder had no more than 12 g. In addition, in 2010 almost 40% of the cereals advertised by CAI Participants are a source of, high or very high fibre (4 g per serving or more).

#### **Quick Service Restaurants**

This category has seen significant changes in its meal offerings advertised to children under 12 by both

Burger King and McDonald's when compared with their pre-CAI offerings.

Both Burger King and McDonald's have significantly reduced sodium levels in their children's meals. For example, Burger King's Chicken Tenders Kids Meal was reformulated to be 20% lower in sodium; McDonald's removed 250 mg of sodium from its Grilled Chicken *Snack Wrap*, which is now 32% lower in sodium.

# C. DEFINITION OF ADVERTISING DIRECTED PRIMARILY TO CHILDREN UNDER 1210

Under the CAI, Participants are required to specify how they define "advertising directed primarily to children under 12 years of age". Most Participants' definitions are tied to audience composition percentages, which are derived from various third-party measurements, such as BBM Nielsen for broadcast or ComScore for the Internet, supplemented in many cases by a company's existing corporate policies and procedures. This means that most Participants' commitments stipulate that only CAIapproved products may be advertised in programming or content that has an audience of "x percent" or more of children under 12. Since the inception of the CAI, Participants have worked to standardize their definitions to the extent possible. Today, almost all CAI Participants use or include audience composition percentages of 25-35% or more of children 2-11 to define advertising primarily directed to children under 12. Exhibit 2 sets out the specific definition used by each Participant.

It is important to note that the Participants' commitments address only advertising directed primarily to children under 12. As a result, advertising directed primarily to parents/caregivers or aired in family programming or other non-children's programming is outside the scope of the CAI.

<sup>&</sup>lt;sup>10</sup> The CAI does not extend to Quebec, where the Quebec Consumer Protection Act prohibits advertising in that province to children under the age of 13.

# IV

# **Evaluation of Participant Compliance**

#### Of the 19 Participants:

- Ten Participants committed to not advertise directly to children under 12 years of age: Cadbury, Coca-Cola, Ferrero, Hershey's, Janes, Mars, McCain, PepsiCo, Unilever and Weston Bakeries.
- Nine Participants committed to include only products meeting the nutrition criteria outlined in their individual commitments and approved by ASC in child-directed advertising: Burger King, Campbell Canada, General Mills, Kellogg, Kraft Canada, McDonald's, Nestlé, Parmalat and Post. These Participants all committed to devote 100% of their television, radio, print, Internet, movie DVD, video and computer game, and mobile media advertising directed primarily to children under 12 years of age to promoting healthy dietary choices.

#### **METHODOLOGY**

Consistent with the previous two years, ASC evaluated each Participant's compliance with its individual commitment through an independent audit, as well as a detailed review of the compliance report completed by each Participant and certified as complete and accurate by a senior corporate officer.

#### A. INDEPENDENT AUDIT

ASC audited the compliance of the Participants in the following ways:

#### **Television Advertising**

While technology is constantly creating new avenues through which marketers can communicate with consumers, television remains the predominant medium for advertising to children under 12. In Canada, as a condition of broadcast license by the Canadian Radio-television and Telecommunications Commission, all children's commercials directed to children must be precleared by ASC's Children's Clearance Committee under The Broadcast Code for Advertising to Children and carry a valid ASC approval number prior to broadcast. Following approval by ASC's Children's Clearance Committee, ASC conducts another review to ensure that the advertised products are approved for inclusion in the Participants' commitments. As an additional compliance check, ASC conducts independent spot checks of the four major networks broadcasting children's programming.

#### **Radio Advertising**

No Participants utilized this medium for advertising primarily directed to children under 12.

#### **Print Advertising**

All food and beverage advertisements in 41 issues of eight different child-directed publications were reviewed.

#### **Internet Advertising**

ASC periodically monitored both company-owned and third-party websites primarily directed to children under 12.

#### **Consumer Complaints**

All consumer complaints submitted to ASC in 2010 were reviewed to identify any concerns from members of the public with regard to a Participant's compliance with its

commitment. Of the 118 complaints involving advertising by food manufacturers, retailers and restaurants that were submitted to ASC during the reporting period, none related to concerns about Participant compliance with CAI commitments.

# B. PARTICIPANT COMPLIANCE REPORTS

Each CAI Participant was required to submit a comprehensive report detailing its compliance during the reporting period. Participants that committed to not advertise directly to children under 12 were required to submit data showing their compliance. Participants that engaged in advertising primarily directed to children under 12 submitted reports that included submissions from the advertising agencies and media buying groups utilized by the company, and copies of the advertising. The reports of all Participants were certified by a senior officer of the company as to the veracity and completeness of the report.

The Participant compliance reports included listings of: all products advertised directly to children under 12 years of age; the placement of these advertisements by both specific media and the programs or magazines in which the advertisements were run; and the percentage of the audience by age for the programs or magazines at the time each advertisement was placed.

#### C. COMPLIANCE ASSESSMENT

#### **Overall Compliance Evaluation**

In this third year of the CAI, the record of Participant compliance has again been outstanding. This is attributable both to the dedication and commitment of the Participants and to the thorough and conscientious efforts they have made to ensure that all their key staff, advertising agencies and media buying companies are educated about and committed to the CAI. The following are the results of ASC's compliance evaluation for each of the CAI Core Principles.

#### Advertising in Measured and Unmeasured Media, Company-Owned and Third-Party Websites

#### **Television Advertising**

Notwithstanding the growth of other media, television advertising remains the prime medium for Participants. Yet there were only a handful of instances in which a non-approved product was advertised in children's television programming. In each case, this was the result of "bonusing" by a television station that resulted in a scheduling error. "Bonus" advertising is not purchased or pre-approved by the advertiser and airs after the execution of planned media schedules without the prior knowledge of the involved Participant. These non-approved products were all featured in adult-directed commercials, and in some cases were products that would not generally appeal to children under 12.

While these incidents were minor, the Participants continue to work with the involved broadcasters to address the issue.

As well, as a result of administrative errors, there were two cases in which products not on the current listing of CAI-approved products were advertised to children. While both products met the Participants' nutrition criteria, aMOOza! (a new product from Kraft) and Kellogg's Froot Loops Doubles (a promotional product that was in market only a short period of time and did not differ in formulation from the regular Froot Loops product) had not yet been reviewed and approved for program inclusion by ASC and added to the Participants' commitments.

#### **Radio Advertising**

No Participants utilized this medium for advertising primarily directed to children under 12.

#### **Print Advertising**

ASC did not identify any issues involving print advertising by any of the Participants.

#### **Company-Owned and Third-Party Websites**

In the independent review of the Participants' websites and micro-sites, several third-party websites and micro-sites, as well as the individual Participant compliance reports, were used to assess compliance in this medium. ASC did not identify any issues involving this medium for advertising directed primarily to children under 12.

#### 2. Use of Licensed Characters

The independent audit conducted by ASC, as well as the individual Participant compliance reports, were used to assess compliance with this principle of the Initiative. As has been the case in prior years, ASC did not identify any instances of non-compliance. Where licensed characters were used in any advertising directed to children under 12, only better-for-you products were associated with these characters.

#### 3. Use of Products in Interactive Games

Most of the interactive games that featured Participants' products were found on company-owned child-directed websites. On these sites, only better-for-you products that were included in that company's commitment were featured. In addition, some Participants sponsored games on third-party websites. In these instances as well, only better-for-you products that were included in that company's commitment were featured in these games. As has been the case in prior years, ASC did not identify any instances of non-compliance.

#### 4. Product Placement

None of the Participants actively sought or paid for any placement of their products in the program or editorial content of any medium primarily directed to children under 12.

#### 5. Advertising in Schools

The CAI requires Participants to adhere to standards established by schools individually and by school boards overall. In addition, they are required to commit to not advertise food and beverage products in schools. All of the Participants complied with this principle. Excluded from the CAI are charitable and not-for-profit activities such as school-approved fundraising and educational programs, public service messaging and displays of food and beverage products (for example in school cafeterias).

As detailed in Appendix 3, several Participants engaged in sponsorship of educational and other not-for-profit and charitable activities. In all cases this was done on a corporate basis, and did not focus on individual brand(s).

#### 6. Video and Computer Games

No Participants utilized this medium for advertising primarily directed to children under 12.

#### 7. DVDs or Movies

No Participants utilized this medium for advertising primarily directed to children under 12.

#### 8. Mobile Media

No Participants utilized this medium for advertising primarily directed to children under 12.

### Exhibit 1

# Participants' Nutrition Criteria Per Serving Size for Products Advertised Directly to Children Under 12

Company	Product	Participant Specific Nutrition Criteria					Other Nutrition Criteria						
		Calories Kcal	Saturated Fat g	Trans Fat g	Total Fat g	Sodium mg	Sugars g						
Burger King		≤560	<10% of cal.	<5% of total fat	<30% of cal.	≤600	≤10% of cal. from added sugars						
Campbell Canada	Soups				<3	≤650 <sup>11</sup>		Low fat. Source of vitamin A, vitamin C, iron, calcium, folate or fibre. Meet Heart & Stroke Foundation's <i>Health Check</i> <sup>TM</sup>					
	Snack Crackers		≤2	0	≤35% of cal.	195	8	In line v	with Canada's Food Guide				
General Mills		Must have fibre or minimum of at least one vitamin or mineral											
Willis			T		ı	T		Fibre g	Vit. A (% DV)	Vit. C (% DV)	Calcium (% DV)	Iron (% DV)	Cholesterol mg
	Cereal and Snacks	≤175	≤	2	≤3	230	≤12	2	5	5	5	5	≤60
	or	≤175	≤175 ≤2			230		At least 1/2 serving of a food group targeted by Health Canada for increased consumption (i.e., whole grain, vegetables and fruit, lower fat dairy, meat alternatives including beans, lentils or tofu)					
	Side and Main Dishes	≤175	<u></u>	2	≤3	480	≤12	2	5	5	5	5	≤60
	or	≤175	≤175 ≤2			480		At least 1/2 serving of a food group targeted by Health Canada for increased consumption (i.e., whole grain, vegetables and fruit, lower fat dairy, meat alternatives including beans, lentils or tofu)					
Kellogg	Cereal and Cereal Bars	200	2	0		230	12**						
	Eggo	200	2	0		460*	12						
Kraft Canada	Desserts	≤100		≤10% of cal.	≤30% of cal.	≤360	≤25% of cal.	Source of vitamin A, C, E, calcium, magnesium, potassium, iron, protein, fibre or contain at least ½ serving of fruit or vegetable or have a functional nutritional benefit					
	or							Free of or low in calories, fat, saturated fat, sugar or sodium, or must have 25% less of one of these than the base product or appropriate reference product					
	Beverages	≤40					≤10	iron, pr	Source of vitamin A, C, E, calcium, magnesium, potassium, iron, protein, fibre or contain at least $\frac{1}{2}$ serving of fruit or vegetable or have a functional nutritional benefit				
	or							sodium	or low in c , or must l oduct or a	1ave 25% l	ess of one	of these	

 $<sup>^{\</sup>rm 11}$  The sodium criterion for soups changed from 650 mg to 480 mg in calendar year 2010.

Company	Product	Participan	t Specific N	Nutrition (	Criteria			Other Nutrition Criteria		
		Calories Kcal	Saturated Fat g	Trans Fat g	Total Fat g	Sodium mg	Sugars g			
Kraft Canada (continued)	Cheese & Dairy	≤100	≤2		≤3; ≤40 mg cholesterol	≤290	≤25% of cal.	Contain at least 5% DV calcium. Source of vitamin A, C, E calcium, magnesium, potassium, iron, protein, fibre or contain at least ½ serving of fruit or vegetable or have a functional nutritional benefit		
	or							Free of or low in calories, fat, saturated fat, sugar or sodium, or 25% less of one of these than the base product or appropriate reference product		
	Cookies & Crackers	≤100			≤30% of cal.	≤290	≤25% of cal.	Source of vitamin A, C, E, calcium, magnesium, potassium, iron, protein, fibre or contain at least ½ serving of fruit or vegetable or a nutritionally significant amount of whole grain or have a functional nutritional benefit		
	or							Free of or low in calories, fat, saturated fat, sugar or sodium, or 25% less of one of these than the base product or appropriate reference product		
		1			1					
	Convenient Meal Products	≤250- 600 ***			≤30% of cal. ≤60-90 mg cholesterol	≤480- 960	≤25% of cal.	Source of vitamin A, C, E, calcium, magnesium, potassium, iron, protein, fibre or contain at least ½ serving of fruit or vegetable or 8 g whole grain or have a functional nutritional benefit		
	or							Free of or low in calories, fat, saturated fat, sugar or sodium, or 25% less of one of these than the base product or appropriate reference product		
McDonald's		≤600	≤10% of cal.		≤35% of cal.		≤25% total by weight			
Parmalat								In line with Food and Drugs Act. Source of calcium, protein and vitamin A		
Post		≤200	2	0	2	≤230	≤12			

<sup>\*</sup> Eggo products guideline is 460 mg per serving as these products are served as a main dish.

\*\*\* Excluding naturally occurring sugars from fruit and dairy.

\*\*\*\* Upper caloric ranges depend on the type of product.

#### Exhibit 2

# Summary Table of Participants' Current Definitions of Advertising Directed Primarily to Children Under 12

	THRESHOLD AUDIENCE %	CURRENT STATUS		
Burger King Restaurants of Canada, Inc.	30% or more of audience	Advertise approved products only		
Campbell Company of Canada	35% or more of audience	Advertise approved products only		
Coca-Cola Ltd.	35% or more of audience	No advertising		
Ferrero Canada Ltd.	30% or more of audience	No advertising		
General Mills Canada Corporation	35% or more of audience	Advertise approved products only		
Hershey Canada Inc.	30% or more of audience	No advertising		
Janes Family Foods Ltd.	35% or more of audience	No advertising		
Kellogg Canada Inc.	35% or more of audience	Advertise approved products only		
Kraft Canada Inc.	35% or more of audience	Advertise approved products only		
Mars Canada Inc.	25% or more of audience	No advertising		
McCain Foods (Canada)	35% or more of audience	No advertising		
McDonald's Restaurants of Canada Limited	35% or more of audience	Advertise approved products only		
Nestlé Canada Inc.	35% or more of audience	No advertising		
Parmalat Canada	35% or more of audience	Advertise approved products only		
PepsiCo Canada ULC	50% or more of audience	No advertising		
Post Foods Canada Corp.	35% or more of audience	Advertise approved products only		
Unilever Canada Inc.	35% or more of audience	No advertising		
Weston Bakeries Limited	35% or more of audience	No advertising		

Note that in 2010, Kraft Foods acquired Cadbury on a worldwide basis, including Canada. In December 2010, Kraft Canada Inc. and Cadbury Adams Canada Inc. amalgamated and continued as Kraft Canada Inc.

## List of Products Advertised by Participants in 2010

## Burger King Restaurants of Canada, Inc.

BK Kids Meal consisting of Kraft
Macaroni and Cheese, Mott's
Fruitsations Fruit with Calcium
Applesauce and Minute Maid
Apple Juice

BK Kids Meal consisting of Hamburger, Mott's Fruitsations Fruit with Calcium Applesauce and Minute Maid Apple Juice

BK Kids Meal consisting of fourpiece Chicken Tenders, Mott's Fruitsations Fruit with Calcium Applesauce and Minute Maid Apple Juice

#### Cadbury Adams Canada Inc.

None

#### **Campbell Company of Canada**

Pepperidge Farm Goldfish Cheddar made with Wholegrain

#### Coca-Cola Ltd.

None

#### Ferrero Canada Ltd.

None

#### **General Mills Canada Corporation**

Cinnamon Toast Crunch Honey Nut Cheerios Lucky Charms Reese Puffs Fruit Gushers

Fruit by the Foot

Fruit Flavoured Shaped Snacks
Dunkaroos Chocolatey Chip
Dunkaroos Cinnamon
Graham Cookies
Fruit Roll-ups

#### Hershey Canada Inc.

None

#### Janes Family Foods Ltd.

None

#### Kellogg Canada Inc.

Corn Pops cereal
Froot Loops cereal
Kellogg's Frosted Flakes cereal
Mini-Wheats Brown Sugar Flavour
Mini-Wheats Little Bites
Rice Krispies cereal
Rice Krispies Cocoa cereal
Rice Krispies Vanilla cereal
Rice Krispies Squares cereal bars
(Strawberry, Rainbow and
Original varieties)
Eggo frozen breakfast

#### Kraft Canada Inc.

KD Crackers

aMOOza!

KoolAid jammers

Kraft Dinner macaroni and cheese

Ritz Bits sandwiches

products (Original)

#### Mars Canada Inc.

None

#### McCain Foods (Canada)

None

#### McDonald's Restaurants of Canada Limited

Four-piece Chicken McNuggets

Happy Meal with 1% white milk

and Apple Slices with Caramel

Dip

Grilled Chicken Snack Wrap Happy
Meal with 1% white milk and
Apple Slices with Caramel Dip
Hamburger Happy Meal with 1%
white milk and Apple Slices with
Caramel Dip

#### Nestlé Canada Inc.

None

#### **Parmalat Canada**

Black Diamond Cheestrings (three flavours) Black Diamond Funcheez (three flavours)

#### PepsiCo Canada ULC

None

#### Post Foods Canada Corp.

Honeycomb cereal

#### **Unilever Canada Inc.**

None

#### **Weston Bakeries Limited**

None

## **List of Child-Directed Company-Owned Websites**

Burger King Restaurants of Canada, Inc.

None

Cadbury Adams Canada Inc.

None

**Campbell Company of Canada** 

None<sup>12</sup>

Coca-Cola Ltd.

None

Ferrero Canada Ltd.

None

**General Mills Canada Corporation** 

None

Hershey Canada Inc.

None

Janes Family Foods Ltd.

None

Kellogg Canada Inc.

www.frostedflakes.ca www.getyourmoveon.ca

www.eggo.ca

www.frootloops.ca www.itspopnetic.ca

Kraft Canada Inc.

www.bekool.ca

Mars Canada Inc.

None

McCain Foods (Canada)

None

McDonald's Restaurants of

**Canada Limited** 

None

Nestlé Canada Inc.

None

Parmalat Canada

www.cheestrings.ca www.funcheez.ca

PepsiCo Canada ULC

None

Post Foods Canada Corp.

www.beeboy.org

Unilever Canada Inc.

None

**Weston Bakeries Limited** 

None

<sup>&</sup>lt;sup>12</sup> Canadian children have the ability to access the Campbell USA website through the company-owned website www.pfgoldfish.com. The site complies with the Campbell Commitment to the Children's Food and Beverage Advertising Initiative in the United States. The URL is referenced on Canadian Pepperidge Farm snack cracker packaging.

# Examples of Participants' 2010 Healthy Active Living Messaging, Initiatives and Programs

#### **CAMPBELL COMPANY OF CANADA**

- Labels for Education. This is a 10-year school fundraising
  program with a focus on encouraging healthy eating and living
  habits in children. Eligible registered schools can collect labels
  from participating Campbell Canada products and redeem
  them for educational resources ranging from sports equipment and musical instruments to health and wellness videos
  and books. All Labels for Education communication is directed
  to teachers and parents.
- Participant in the Heart & Stroke Foundation's Health Check™ program.
- Provision of consumer tools and resources regarding nutrition, fitness, education and wellness and recommendations on sodium intake on various company websites (www.campbellsoup.ca; www.cookwithcampbells.com; www.labelsforeducation.ca) and in-store point of sale and brochure materials.
- Through the U.S. Goldfish games platform at www.pfgoldfish.com, kids are encouraged to "get up, get active and play their game".

#### **COCA-COLA LTD.**

- By June 2010, Coca-Cola had reached nearly universal implementation of the product and package criteria from the
   Industry Guidelines for Beverages in Schools, introducing a
   237 mL package for 100% juice.
- Coca-Cola continued to expand its product portfolio to satisfy
  the taste and calorie preferences of its customers, offering a
  low- or no-calorie option for nearly every beverage brand it
  sells. These products are not advertised to children under 12.
- Coca-Cola is working to grow and diversify its portfolio of 112

brands by offering products that provide refreshment, are fortified with nutrients and offer hydration.

- Coca-Cola offers a variety of portion sizes to help consumers manage their intake, reflecting the changing needs of consumers who want more choice and information about what they drink. For example, this year the company launched the 414 mL bottle and next year it is launching a new slim 100 calorie can. In addition, 30% of its sales are no- or low-calorie beverages.
- Coca-Cola includes caloric information on the front of its packages and has committed to list calories per serving on the front of the majority of its beverage packages. The new labels are designed to make it even easier for consumers to make informed decisions about the beverages they drink based on their own individual taste preferences and nutritional needs.
- Coca-Cola partnered with ParticipACTION, Canada's leading authority on active lifestyles, to develop Sogo Active. This innovative nationwide program is aimed at getting Canadian teenagers moving. It provides young people with tools to design their own fitness plan, and is based on a network of community-based organizations and physical activity experts.
   Over 25,000 have joined and almost 2,000 community-based organizations offer the program.
  - ► As part of this program, over 1,000 teenagers carried the Olympic flame during the Vancouver 2010 Olympic Torch Relay.
  - ➤ Committed to a \$350,000 investment toward the creation of an outdoor sport court at the Ray-Cam Co-operative Centre in Vancouver's inner city. This will include a minimum of two years of financial support for the Ray-Cam Co-operative Centre for programming, coaching and a variety of sports clinics.
- Lead sponsor of 2010 International Congress on Physical Activity and Public Health.

# GENERAL MILLS CANADA CORPORATION

- Champions for Healthy Kids Grants: The program annually awards a minimum of 25 grants of \$5,000 each to registered community-based organizations around the country supporting innovative youth, nutrition and fitness programs.
- Concerned Children's Advertisers Partnership: General Mills played an active and contributing role in the creation and ongoing evolution of Concerned Children's Advertisers (CCA). Established in 1990, CCA works to support and contribute to the establishment of the highest standards and codes of conduct for responsible advertising to children. As well, CCA plays a leading role in providing children with media literacy education and social messaging that will help them to build healthy, active lives.
- Support of amateur athletics in Canada: General Mills has been, and will continue to be, a committed supporter of amateur athletics in Canada. It has been a longtime sponsor of Canada's Olympic Team, Hockey Canada, Speed Skating Canada and the Special Olympics, and has recently committed to become partners with these organizations for the next four to six years.
- General Mills is a supporter of the Nutrition Facts Education Campaign (NFEC), a collective partnership between Health Canada and Food and Consumer Products of Canada (FCPC). The objective of the program is to help Canadians develop a better understanding of the Nutrition Facts Table and % Daily Value.

#### HERSHEY CANADA INC.

- As part of its ongoing commitment to healthy lifestyles, Hershey's is a participant and charitable supporter of Concerned Children's Advertisers.
- As well, for 30 years Hershey's has sponsored and solely funded Hershey's Track and Field Games, a program that introduces more than 400,000 children in Canada (through Athletics Canada) and the United States to the fun and rewards of physical fitness.

#### JANES FAMILY FOODS LTD.

- Janes regularly donates food to Second Harvest, as well as sponsoring a variety of fundraising activities in support of Friends of We Care.
- Janes also supports numerous environmental initiatives, from GreenChoice100 packaging to the conversion of all retail fish products to Marine Stewardship Council (MSC) certified products, which ensures the fish in Janes' packs are caught in a responsible, sustainable manner so that fish stocks can continue to be plentiful for generations to come.

#### **KELLOGG CANADA INC.**

- Kellogg is a supporter of the Nutrition Facts Education
   Campaign (NFEC), a collaborative program between Health
   Canada and Food and Consumer Products of Canada (FCPC)
   to help Canadians to better understand and use the Nutrition
   Facts Table on packaged foods and make informed choices
   using the % Daily Value.
- Kellogg embarked on a nutrition communication campaign to influencers, health care professionals and consumers about the benefits of a nutritious breakfast and other nutritional issues.
- Kellogg has developed an active, school-based nutrition program, Mission Nutrition – an interactive website for kids that promotes the importance of healthy active living.
- Since 2005, Kellogg has supported Active Healthy Kids
   Canada's initiatives and sponsors their annual Report Card on
   Physical Activity for Children and Youth an initiative
   designed to offer insight into how well the country provides
   physical activity opportunities for young people.
- Sponsor of the Third International Congress on Physical Activity and Public Health.
- Concerned Children's Advertisers and Breakfast Clubs of Canada are two of the many programs and charities of which Kellogg is a charitable partner and supporter.

#### **KRAFT CANADA INC.**

- In 2010, Kool-Aid activated an ongoing grassroots family-focused campaign nationally with Let Them Be Kids, a non-profit organization that helps strengthen communities through the building of playgrounds. A portion of all proceeds from sales of Kool-Aid drink mix from June to September 2010 went to support the building of seven playgrounds across Canada.
- Since 2005, Kraft Canada has worked with the Boys and Girls Clubs of Canada on the *Cool Moves* program. This program teaches children how to *Play Cool* by incorporating more physical activity into their lives and to *Eat Smart* by learning about the kinds of foods that make up a healthy diet.
- Kraft Canada is a partner with Dietitians of Canada for the "Speaking of Food and Healthy Living Award." This annual national award was created in 1998 and recognizes excellence in consumer nutrition communications. The award is designed to encourage and recognize collaborative efforts that help Canadians make informed food choices to achieve healthy eating.
- Kraft Canada recognizes the value of nutrition and dietetic research in helping to build a healthier Canada and is a sponsor of the Canadian Foundation for Diabetic Research (CFDR). CFDR was created by Dietitians of Canada in 1991.
   The Foundation provides grants to support research by dietitians in all aspects of nutrition.
- As part of Kraft Canada's commitment to balanced lifestyles, it
  has healthy eating and physical activity tools and tips on
  www.kraftcanada.com to help Canadians make informed
  lifestyle choices. Kraft Canada also promotes overall health
  and well being through the Healthy Living Spotlight section in
  the company's what's cooking magazine.
- Kraft Canada promotes healthy active lifestyles with its Kraft Hockeyville program. Launched in 2006, in partnership with the CBC and NHL/NHLPA, this fully integrated program acknowledges Canada's most hockey-proud community. Celebrations are held in the Top 5 Kraft Hockeyville communities, including hockey clinics and NHL alumni appearances. Kraft Canada offers four runner-up communities the chance to win \$25,000 in arena upgrades and provides \$100,000 to the winning community. In addition, the winning community

- hosts a pre-season NHL game and a CBC Hockey Night in Canada event in its upgraded arena. In 2010, Kraft Canada donated \$200,000 in arena upgrades.
- To promote healthy active lifestyles in 2010, Kraft Canada continued the *Kraft Celebration Tour*, launched in 2009. The Kraft Celebration Tour engages communities from coast to coast to nominate their town for a chance to win one of 10 \$25,000 community awards (for a total of \$250,000). The community awards are used for improvements to recreational facilities in the prize-winning areas. Kraft Canada's partner, TSN also broadcasts *SportsCentre* live from these communities.
- As a member of Concerned Children's Advertisers, Kraft
  Canada supports social marketing campaigns aimed at
  improving the health of Canadian children by encouraging
  them to eat healthy, stay active and be media wise.

#### McCAIN FOODS (CANADA)

• McCain Foods is on a journey to re-write its recipes so that its products are made with real, wholesome ingredients. Each time it reformulates a product to remove unfamiliar or unpronounceable ingredients, the company also strives to enhance the product nutritionally as well, without compromising on taste. This has led to significant reductions in fat and sodium in many of its products. For example, the sodium content in some of its pizzas was lowered by 15% and by more than 50% in some of its French fries.

## McDONALD'S RESTAURANTS OF CANADA

- As part of its ongoing commitment to healthy active lifestyles, McDonald's has worked with YTV to develop 10-second closed-captioned vignettes that promote fun outdoor seasonal activities. There are eight vignettes (two for each season) that were aired throughout the year on children's programming.
- As a member of Concerned Children's Advertisers, McDonald's supports social marketing campaigns aimed at improving the health of Canadian children by encouraging them to eat healthy, stay active and be media wise.

#### **NESTLÉ CANADA INC.**

- Active Playgrounds Nestlé supports the national Active
  Playgrounds program, which gets kids off the couch and into
  the playground by teaching educators and kids the lost art of
  playing simple games like hopscotch, ball and skipping
  games. With Nestlé's support, the Canadian Intramural
  Recreation Association of Ontario (CIRA Ontario) is able to
  present Active Playgrounds workshops across Canada.
- Long Live Kids Program As part of its involvement with Concerned Children's Advertisers, Nestlé Canada supports social marketing campaigns aimed at improving the health of Canadian children by encouraging them to eat healthy, stay active and be media wise. The outreach is carried out through public service announcements and education programs across the country.
- Nutritional Compass All of Nestlé's packaging includes information to help consumers make informed choices by highlighting a nutrient, such as calcium or salt, or an ingredient such as whole grain, and discusses how it fits into an overall diet.
- Kids Help Phone Nestlé is a founding sponsor of Kids Help Phone, a national, bilingual, 24-hour, toll-free telephone and e-mail counselling service that provides the immediate support children and youth need and deserve.
- Food Banks Canada Nestlé donates regularly to Food Banks Canada. Food Banks Canada is a national coalition that represents the food bank community across Canada and co-ordinates the donations and transportation of food. This organization promotes public education on hunger in Canada and upholds a code of ethics to promote the dignity of food bank users.
- Nutrition Facts Education Campaign Nestlé is a supporter
  of the Nutrition Facts Education Campaign (NFEC), a collaborative program between Health Canada and Food and
  Consumer Products of Canada (FCPC) to help Canadians to
  better understand and use the Nutrition Facts Table on packaged foods and make informed choices using the % Daily
  Value.

#### **PARMALAT CANADA**

 Parmalat is a sponsor of the National Basketball Association, which promotes a healthy active lifestyle through participation in grassroots programs such as Jam Session Basketball Clinic.

#### **PEPSICO CANADA ULC**

- PepsiCo is a founding supporter of the Nutrition Facts
   Education Campaign (NFEC), a collaborative program
   between Health Canada and Food and Consumer Products of
   Canada (FCPC) to help Canadians to better understand and
   use the Nutrition Facts Table on packaged foods and make
   informed choices using the % Daily Value.
- PepsiCo supports various charities and sponsors many programs, including the YMCA Strong Kids Events, Youth in Motion Top 20 Under 20, Food Banks Canada, United Way and the ONEXONE First Nations breakfast program.
- PepsiCo supports nutrition research through the Canadian Foundation for Diabetic Research (CFDR).
- PepsiCo implemented voluntary guidelines through Refreshments Canada for the sale of healthier beverages in schools, ensuring students have greater access to nutritious and lower-calorie beverages.
- PepsiCo is an active and contributing partner of Concerned Children's Advertisers (CCA). Established in 1990, CCA works to support and contribute to the establishment of the highest standards and codes of conduct for responsible advertising to children. As well, CCA plays a leading role in providing children with media literacy education and social messaging that will help them to build healthy active lives. As part of its involvement with Concerned Children's Advertisers, PepsiCo supports Long Live Kids – social marketing campaigns aimed at improving the health of Canadian children by encouraging them to eat healthy, stay active and be media wise.

#### **WESTON BAKERIES LIMITED**

- The company was an official supplier to the 2010 Olympic Winter Games in Vancouver. The company advertised during the 2008 Beijing Olympic Summer Games, running inspirational, parent-directed commercials that depicted children participating in Olympic sports.
- Weston Bakeries also advertised its Wonder+ Fresh Fitness
   Challenge, which is not product-focused. Its purpose was to
   promote the Fitness Challenge to parents and children. This
   program is optional and free of charge for any schools that
   wish to participate.
- Weston Bakeries supports several other initiatives and programs designed to improve the lives of Canada's youth, including Concerned Children's Advertisers and its Long Live Kids program; Club des petits déjeuners/Breakfast Clubs of Canada, supporting its goal of having all Canadian children start their day with a healthy breakfast and KidSport, whose goal is to provide access for all kids to organized sports.

# Appendix 4 CAI Core Principles (January 2010)

#### **OUR VISION**

The food and beverage industry in Canada is committed to advertising and marketing products to Canadian children in a responsible way to help prepare them to make wise decisions about nutrition and health. We recognize that the special nature and needs of children require particular care and diligence on the part of advertisers.

#### **OUR COMMITMENT**

The food and beverage industry plays a significant role in supporting the health of Canadians, especially children. Accordingly, companies participating in this initiative are committed to:

- Using their creativity and marketing activities to promote and support healthier dietary choices and healthy lifestyles to children under 12 years of age.
- Shifting their children's advertising and marketing emphasis
  to foods and beverages that are consistent with the principles
  of sound nutritional guidance, including those that are lower
  in total calories, fats, salt and added sugars and higher in
  nutrients that are significant to public health.

These commitments will be realized through the five Core Principles that follow. The principles have been expanded since they were first developed in 2007 to reflect the ongoing commitment of the Participants to continue to broaden their efforts to support healthier dietary choices and healthy lifestyles to children under 12 years of age.

#### **PARTICIPANTS**

Burger King Restaurants of Canada, Inc.

Cadbury Adams
Canada Inc.

Campbell Company of Canada

Coca-Cola Ltd.

Ferrero Canada Ltd.

General Mills Canada Corporation

Hershey Canada Inc.

Janes Family Foods Ltd.

Kellogg Canada Inc.

Kraft Canada Inc.

Mars Canada Inc.

McCain Foods (Canada)

McDonald's Restaurants of Canada Limited

Nestlé Canada Inc.

Parmalat Canada

PepsiCo Canada ULC

Post Foods Canada Corp.

Unilever Canada Inc.

Weston Bakeries Limited

#### **CORE PRINCIPLES**

#### Advertising messaging and content

Participants will commit that 100% of their television, radio, print and Internet advertising directed primarily to children under 12 years of age<sup>13</sup> will be for products that represent healthier dietary choices (better-for-you products) in accordance with company-developed standards that are consistent with established scientific and/or government standards. Alternatively, they may commit to not direct advertising primarily to children under 12 years of age<sup>14</sup>.

<sup>&</sup>lt;sup>13</sup> Measured in media impressions at the time the advertising is purchased, as determined by reliable third-party data such as BBM Nielsen ratings for TV and radio, ComScore for Internet, PMB (Print Measurement Bureau) data for magazines, NADbank for newspapers, COMB (Canadian Outdoor Measured Bureau) for outdoor and others. The commitment will be calculated separately for each advertising medium. Measurement of advertising on company-owned websites will be determined in accordance with standards established as part of the company's commitment.

<sup>&</sup>lt;sup>14</sup> Participants also are encouraged to disseminate healthy lifestyle messaging. This could include messaging that encourages physical activity or good dietary habits, consistent with established scientific and/or government standards.

Examples of standards include, but are not limited to:

- Foods that reflect the principal advice of Canada's Food Guide particularly foods that meet the criteria for nutrient content claims including "free" or "low" claims for calories as well as fat, saturated fat, trans fat, sugar and salt as per the Canadian Food Inspection Agency (CFIA) Guide to Food Labelling and Advertising;
- Foods that meet the criteria for disease risk reduction claims, function claims and nutrient function claims as per the CFIA Guide to Food Labelling and Advertising;
- Foods that meet the criteria for nutrient content claims as per the CFIA Guide to Food Labelling and Advertising; and
- Foods that meet the standards for participating in the Heart
   & Stroke Foundation's Health Check™ program.

#### **Child-Directed Content**

This principle also applies to advertising that is primarily directed to children on:

- Company-owned websites or micro-sites primarily directed to children under 12 years of age;
- Video and computer games rated "Early Childhood" or "EC" that are inherently primarily directed to children under 12, and other games that are age-graded on the label and packaging as being primarily directed to children under 12;
- DVDs of movies that are rated "G" whose content is primarily directed to children under 12, and other DVDs whose content is primarily directed to children under 12; and
- Mobile media such as cellphones, PDAs and through word of mouth<sup>15</sup>, where advertising on those media is primarily directed to children under 12.

#### **Use of Products in Interactive Games**

Participants will commit that, in any interactive game primarily directed to children under 12 (in whatever format: online, disk or

cartridge) where the company's food or beverage products are incorporated into the game, the interactive game must incorporate or be accompanied by products representing better-for-you products.

#### Use of Licensed Characters, Celebrities and Movie Tie-ins

While the use of licensed characters, celebrities and movie tie-ins is already restricted in children's broadcast advertising<sup>16</sup>, participants will also commit to ensure that their use of third-party licensed characters, celebrities and movie tie-ins in advertising that appears in other media primarily directed to children under 12<sup>17</sup> complies with the messaging and content principles set out above.

#### **Product Placement**

Participating companies will commit to not paying for or actively seeking to place their food or beverage products in the program/editorial content of any medium primarily directed to children under 12 for the purpose of promoting the sale of those products.

#### **Advertising in Schools**

Participating companies will remain committed to adhering to standards established by schools individually and by school boards overall. Furthermore, participants will commit to not advertising food or beverage products in elementary schools – pre-kindergarten through Grade 6.<sup>18</sup>

#### **Implementation**

Each participating company will formalize and publish an individual plan, commitment details, and implementation schedule that have been approved by Advertising Standards Canada (ASC). A copy of each participating company's current commitment document will be posted on the Canadian Children's Food and Beverage Advertising Initiative section of ASC's website (www.adstandards.com).

<sup>&</sup>lt;sup>15</sup> The commitment regarding word of mouth advertising refers to advertising where a Participant provides incentives (financial or otherwise), product samples or other support to individuals or groups who are not employees to promote consumption of branded food or beverage products or to promote discussion of such products, and the advertising is primarily directed to children under 12 years of age.

<sup>&</sup>lt;sup>16</sup> Broadcast Code for Advertising to Children – Clause 7: Promotion by Program Characters, Advertising-Generated Characters, and Personal Endorsements.

<sup>&</sup>lt;sup>17</sup> This commitment does not extend to the use of licensed characters on packaging, provided the packaging does not appear in advertising directed to children under 12. This limitation will not apply to the use of company-created/owned characters.

<sup>&</sup>lt;sup>18</sup> This limitation will not apply to displays of food and beverage products, and charitable/not-for-profit activities including fundraising, public service messaging and educational programs.

#### **Auditing and Enforcement**

The plans for each participating company, including their specific commitments, will be established in consultation with ASC, the program administrator.

ASC will be responsible for auditing adherence to commitments by participating companies. In order to confirm compliance by participating companies, auditing will include the review of advertising materials, product information and media impression information (see footnote 13 on page 19) submitted to ASC on a confidential basis.

ASC will publish annual compliance reports identifying those companies that meet/exceed their commitments, as well as those that have failed to do so. ASC will also respond to all public inquiries relating to these reports.

## Framework for Regulating Children's Advertising in Canada<sup>††</sup>

#### **OVERVIEW**

Canada has a robust framework for regulating children's advertising, including both regulatory and self-regulatory components. Children's food and beverage commercials are subject to The Broadcast Code for Advertising to Children (Children's Broadcast Code). Adherence to the Children's Broadcast Code, which requires preclearance of each children's commercial by ASC's Children's Clearance Committee in advance of airing, is a condition of broadcast license by the Canadian Radio-television and Telecommunications Commission (CRTC). In accordance with the provisions of the Children's Broadcast Code, the Children's Clearance Committee includes industry and parent representatives, as well as a CRTC representative. In addition, prior to broadcast, each children's food and beverage commercial undergoes a separate technical review to ensure compliance with the applicable provisions of the federal Food and Drugs Act and Regulations and the Canadian Food Inspection Agency's Guide to Food Labelling and Advertising.

In addition, all children's television commercials must receive clearance from Telecaster services of the Television Bureau of Canada (TVB) prior to being aired by TVB's private broadcaster members. In accordance with TVB's Rating Code Guideline, Telecaster assigns a "C" rating to commercials approved by ASC's Children's Clearance Committee. The "C" rating informs the member broadcasters that a commercial has received approval from ASC's Children's Clearance Committee and that the commercial may air in children's programming.

Canada's self-regulatory system also includes a rigorous system for responding to consumer complaints about advertisements in all media, including the Internet, under the provisions of the *Canadian Code of Advertising Standards (Code)*, which covers all media. The *Code* and its *Interpretation Guidelines* include special provisions regarding advertising directed to children.



#### EXCERPTS FROM THE BROADCAST CODE FOR ADVERTISING TO CHILDREN

#### II. THE CODE

#### 1. Definitions

(a) "Children's Advertising" refers to any paid commercial message that is carried in or immediately adjacent to a children's program. Children's advertising also includes any commercial message that is determined by the broadcaster as being directed to children and is carried in or immediately adjacent to any other program.

 $<sup>^{\</sup>dagger\dagger}$  The Quebec Consumer Protection Act prohibits advertising in that province to children under 13.

- (b) Children "Children" refers to persons under 12 years of age.
- (c) A Child Directed Message "A child directed message" refers to a commercial message on behalf of a product or service for which children are the only users or form a substantial part of the market as users, and the message (i.e. language, selling points, visuals) is presented in a manner that is directed primarily to children.
- (d) Children's Program A "children's program" refers to a program that is directed to the under-12 audience, as defined by the broadcaster.
- (e) Commercial Message A "commercial message" has the same meaning as that defined in the Television Broadcasting Regulations, 1987.
- (f) Premium A "premium" is anything offered with or without additional cost, and is conditional upon the purchase of the advertiser's regular product or service.
- (g) The Code This Code shall be known as "The Broadcast Code for Advertising to Children" and shall hereinafter be referred to as "the Code".

#### 2. Jurisdiction

All Children's advertising must conform to the Code, be precleared in accordance with the procedures set out from time to time by the ASC and have the requisite ASC clearance number.

#### 3. Factual Presentation

- (a) No children's advertising may employ any device or technique that attempts to transmit messages below the threshold of normal awareness.
- (b) Written, sound, photographic and other visual presentations must not exaggerate service, product or premium characteristics, such as performance, speed, size, colour, durability, etc.
- (c) The relative size of the product must be clearly established.
- (d) When children's advertising shows results from a drawing, construction, craft or modelling toy or kit, the results should be reasonably attainable by an average child.
- (e) The words "new", "introducing", "introduces" or similar words may be used in the same context in any children's advertising for a period of up to one year only.

#### 4. Product Prohibitions

- (a) Products not intended for use by children advertised either directly or through promotions that are primarily child-oriented.
- (b) Drugs, proprietary medicines and vitamins in any pharmaceutical form, with the exception of children's fluoride toothpastes.

#### 5. Avoiding Undue Pressure

- (a) Children's advertising must not **directly** urge children to purchase or urge them to ask their parents to make inquiries or purchases.
- (b) Direct response techniques that invite the audience to purchase products or services by mail or telephone are prohibited in children's advertising.
- (c) In children's advertising which promotes premiums or contests, the product must receive at least equal emphasis. Promotion of the premium or contest must not exceed one-half of the commercial time. In promoting contests which have an age restriction that excludes children, this must be made clear orally or visually.

#### 6. Scheduling

- (a) The same commercial message or more than one commercial message promoting the same product cannot be aired more than once in a half-hour children's program. In children's programs of longer duration, the same commercial message or more than one commercial message promoting the same product must not appear more than once in any half-hour period.
- (b) No station or network may carry more than four minutes of commercial messages in any one half-hour of children's programming or more than an average of 8 minutes per hour in children's programs of longer duration.
- (c) In children's programs, only paid commercial messages are included in the four minutes per half-hour limitation. Promotions and public service announcements may occupy the time difference between the Code limit and the CRTC regulation limit. Broadcasters will, however, consider the appropriateness of the content of public service announcements before scheduling in children's programs.
- (d) For the purposes of this section, the time devoted to the broadcasting of a children's program includes any time devoted to a commercial message that is inserted within the program

and/or immediately adjacent to the end of the program and also includes any time devoted to a child-directed commercial message inserted between the end of the program and the beginning of the following program.

## 7. Promotion by Program Characters, Advertiser-Generated Characters, and Personal Endorsements

- (a) Puppets, persons and characters (including cartoon characters) well-known to children and/or featured on children's programs must not be used to endorse or personally promote products, premiums or services. The mere presence of such well-known puppets, persons or characters in a commercial message does not necessarily constitute endorsation or personal promotion. (For example, film clips or animation are acceptable as a mood or theme-setting short introduction to commercial messages before presenting the subject of the commercial message itself.) These puppets, persons and characters may not handle, consume, mention or endorse in any other way the product being advertised.
- (b) This prohibition does not apply to puppets, persons and characters created by an advertiser which may be used by advertisers to sell the products they were designed to sell as well as other products produced by the same advertiser or by other advertisers licensed to use these characters for promotional purposes.
- (c) Professional actors, actresses or announcers who are not identified with characters in programs appealing to children may be used as spokespersons in advertising directed to children.
- (d) Puppets, persons and characters well-known to children may present factual and relevant generic statements about nutrition, safety, education, etc. in children's advertising.

#### 8. Price and Purchase Terms

- (a) Price and purchase terms, when used, must be clear and complete. When parts or accessories that a child might reasonably suppose to be part of the normal purchase are available only at extra cost, this must be made clear in audio and video.
- (b) The cost must not be minimized as by the use of "only", "just", "bargain price", "lowest price(s)", etc.
- (c) The statement in audio, "it has to be put together" or a similar phrase in language easily understood by children must be included when it might normally be assumed that the article would be delivered assembled.

(d) When more than one toy is featured in a commercial message it must be made clear in audio and video, which toys are sold separately (this includes accessories).

#### 9. Comparison Claims

- (a) Commercial messages shall not make comparisons with a competitor's product or service when the effect is to diminish the value of other products or services.
- (b) In the case of toys or children's possessions, comparisons should not be made with the previous year's model, even when the statements or claims are valid.

#### 10. Safety

- (a) Commercial messages, except specific safety messages, must not portray adults or children in clearly unsafe acts or situations (e.g. the use of flame or fire is not permitted in children's advertising).
- (b) Commercial messages must not show products being used in an unsafe or dangerous manner (e.g. tossing a food item into the air and attempting to catch it in the mouth, etc.).

#### 11. Social Values

- (a) Children's advertising must not encourage or portray a range of values that are inconsistent with the moral, ethical or legal standards of contemporary Canadian society.
- (b) Children's advertising must not imply that possession or use of a product makes the owner superior or that without it the child will be open to ridicule or contempt. This prohibition does not apply to true statements regarding educational or health benefits.

#### Interpretation Guidelines for Clause 11

- i. Child-directed messages for food products in broadcast advertising that are inconsistent with the pertinent provisions of the Food and Drugs Act and Regulations, or the Canadian Food Inspection Agency's Guide to Food Labelling and Advertising shall be deemed to violate Clause 11 (Social Values) of The Broadcast Code for Advertising to Children. This Interpretation Guideline is intended, among other purposes, to ensure that advertisements representing mealtime clearly and adequately depict the role of the product within the framework of a balanced diet, and snack foods are clearly presented as such, not as substitutes for meals.\*
- ii. Every "child-directed message" for a product or service should encourage responsible use of the advertised product or service with a view toward the healthy development of the child.\*\*

iii. Advertising of food products should not discourage or disparage healthy lifestyle choices or the consumption of fruits or vegetables, or other foods recommended for increased consumption in *Canada's Food Guide to Healthy Eating*, and Health Canada's nutrition policies and recommendations applicable to children under 12.\*\*

iv. The amount of food product featured in a "child-directed message" should not be excessive or more than would be reasonable to acquire, use or, where applicable, consume, by a person in the situation depicted.\*\*

v. If an advertisement depicts food being consumed by a person in the advertisement, or suggests that the food will be consumed, the quantity of food shown should not exceed the labelled serving size on the Nutrition Facts Panel (where no such serving size is applicable, the quantity of food shown should not exceed a single serving size that would be appropriate for consumption by a person of the age depicted).\*\*

Note: These Guidelines do not form part of the *Code*. They are intended to provide guidance regarding the interpretation and application of Clause 11 to food product advertising.

#### 12. Substantiation Required

Where measurable claims are made regarding specific products – performance, safety, speed, durability, etc. – the advertiser must be prepared on request to provide the Children's Advertising Section with evidence supporting such claims, and/or a sample of the product.

#### 13. Assessment

Each commercial message shall be judged on its individual merit.

# EXCERPTS FROM THE CANADIAN CODE OF ADVERTISING STANDARDS

#### 1. Accuracy and Clarity

(a) Advertisements must not contain inaccurate or deceptive claims, statements, illustrations or representations, either direct or implied, with regard to a product or service. In assessing the truthfulness and accuracy of a message, the concern is not with the intent of the sender or precise legality of the presentation. Rather, the focus is on the message as received or perceived, i.e. the general impression conveyed by the advertisement.

- (b) Advertisements must not omit relevant information in a manner that, in the result, is deceptive.
- (c) All pertinent details of an advertised offer must be clearly and understandably stated.
- (d) Disclaimers and asterisked or footnoted information must not contradict more prominent aspects of the message and should be located and presented in such a manner as to be clearly visible and/or audible.
- (e) Both in principle and practice, all advertising claims and representations must be supportable. If the support on which an advertised claim or representation depends is test or survey data, such data must be reasonably competent and reliable, reflecting accepted principles of research design and execution that characterize the current state of the art. At the same time, however, such research should be economically and technically feasible, with due recognition of the various costs of doing business.
- (f) The entity that is the advertiser in an advocacy advertisement must be clearly identified as the advertiser in either or both the audio or video portion of the advocacy advertisement.

#### 2. Disguised Advertising Techniques

No advertisement shall be presented in a format or style that conceals its commercial intent.

#### 3. Price Claims

- (a) No advertisement shall include deceptive price claims or discounts, unrealistic price comparisons or exaggerated claims as to worth or value. "Regular Price", "Suggested Retail Price", "Manufacturer's List Price" and "Fair Market Value" are deceptive terms when used by an advertiser to indicate a savings, unless they represent prices at which, in the market place where the advertisement appears, the advertiser actually sold a substantial volume of the advertised product or service within a reasonable period of time (such as six months) immediately before or after making the representation in the advertisement; or offered the product or service for sale in good faith for a substantial period of time (such as six months) immediately before or after making the representation in the advertisement.
- (b) Where price discounts are offered, qualifying statements such as "up to", "XX off", etc., must be in easily readable type, in close

<sup>\*</sup> April 2004

<sup>\*\*</sup> September 2007

proximity to the prices quoted and, where practical, legitimate regular prices must be included.

(c) Prices quoted in advertisements in Canadian media, other than in Canadian funds, must be so identified.

#### 4. Bait and Switch

Advertisements must not misrepresent the consumer's opportunity to purchase the goods and services at the terms presented. If supply of the sale item is limited, or the seller can fulfil only limited demand, this must be clearly stated in the advertisement.

#### 5. Guarantees

No advertisement shall offer a guarantee or warranty, unless the guarantee or warranty is fully explained as to conditions and limits and the name of the guarantor or warrantor is provided, or it is indicated where such information may be obtained.

#### 6. Comparative Advertising

Advertisements must not, unfairly, discredit, disparage or attack other products, services, advertisements or companies, or exaggerate the nature or importance of competitive differences.

#### 7. Testimonials

Testimonials, endorsements or representations of opinion or preference, must reflect the genuine, reasonably current opinion of the individual(s), group or organization making such representations, and must be based upon adequate information about or experience with the product or service being advertised, and must not otherwise be deceptive.

#### 8. Professional or Scientific Claims

Advertisements must not distort the true meaning of statements made by professionals or scientific authorities. Advertising claims must not imply that they have a scientific basis that they do not truly possess. Any scientific, professional or authoritative claims or statements must be applicable to the Canadian context, unless otherwise clearly stated.

#### 9. Imitation

No advertiser shall imitate the copy, slogans or illustrations of another advertiser in such a manner as to mislead the consumer.

#### 10. Safety

Advertisements must not without reason, justifiable on educational or social grounds, display a disregard for safety by depicting situations that might reasonably be interpreted as encouraging unsafe or dangerous practices, or acts.

#### 11. Superstition and Fears

Advertisements must not exploit superstitions or play upon fears to mislead the consumer.

#### 12. Advertising to Children

Advertising that is directed to children must not exploit their credulity, lack of experience or their sense of loyalty, and must not present information or illustrations that might result in their physical, emotional or moral harm.

Child-directed advertising in the broadcast media is separately regulated by *The Broadcast Code for Advertising to Children*, also administered by ASC. Advertising to children in Quebec is prohibited by the Quebec *Consumer Protection Act*.

#### 13. Advertising to Minors

Products prohibited from sale to minors must not be advertised in such a way as to appeal particularly to persons under legal age, and people featured in advertisements for such products must be, and clearly seen to be, adults under the law.

#### 14. Unacceptable Depictions and Portrayals

It is recognized that advertisements may be distasteful without necessarily conflicting with the provisions of this Clause 14; and the fact that a particular product or service may be offensive to some people is not sufficient grounds for objecting to an advertisement for that product or service.

Advertisements shall not:

- (a) condone any form of personal discrimination, including that based upon race, national origin, religion, sex or age;
- (b) appear in a realistic manner to exploit, condone or incite violence; nor appear to condone, or directly encourage, bullying; nor directly encourage, or exhibit obvious indifference to, unlawful behaviour;
- (c) demean, denigrate or disparage any identifiable person, group of persons, firm, organization, industrial or commercial activity, profession, product or service or attempt to bring it or them into public contempt or ridicule;
- (d) undermine human dignity; or display obvious indifference to, or encourage, gratuitously and without merit, conduct or attitudes that offend the standards of public decency prevailing among a significant segment of the population.

# INTERPRETATION GUIDELINE #2 TO THE CANADIAN CODE OF ADVERTISING STANDARDS

#### **Advertising to Children**

1.1 As used in Clause 12 of the *Code*, the phrase "advertising that is directed to children" (advertising to children) includes a commercial message on behalf of a product or service for which children are the only users or form a substantial part of the market as users, and the message (i.e. language, selling points, visuals) is presented in a manner that is directed primarily to children under the age of 12.

1.2 Advertising to children that appears in any medium (other than the media specifically excluded under the *Code* from the definition "medium" and from the application of the *Code*), shall be deemed to violate Clause 12 of the *Code* if the advertising does not comply with any of the following principles or practices:

#### a. Food Product Advertising to Children

i. Food product advertising addressed to children must not be inconsistent with the pertinent provisions of the Food and Drugs Act and Regulations and the Canadian Food Inspection Agency's Guide to Food Labelling and Advertising. This Code Interpretation Guideline is intended, among other purposes, to ensure that advertisements representing mealtime clearly and adequately depict the role of the product within the framework of a balanced diet, and snack foods are clearly presented as such, not as substitutes for meals. (April 2004)

#### b. Healthy Active Living

i. Advertising to children for a product or service should encourage responsible use of the advertised product or service with a view toward the healthy development of the child.

ii. Advertising of food products should not discourage or disparage healthy lifestyle choices or the consumption of fruits or vegetables, or other foods recommended for increased consumption in *Canada's Food Guide to Healthy Eating*, and in Health Canada's nutrition policies and recommendations applicable to children under 12.

#### c. Excessive Consumption

i. The amount of product featured in food advertising to children should not be excessive or more than would be reasonable to acquire, use or, where applicable, consume, by a person in the situation depicted. ii. If an advertisement depicts food being consumed by a person in the advertisement, or suggests that the food will be consumed, the quantity of food shown should not exceed the labelled serving size on the Nutrition Facts Panel (where no such serving size is applicable, the quantity of food shown should not exceed a single serving size that would be appropriate for consumption by a person of the age depicted).

#### d. Factual Presentation

i. Audio or visual presentations must not exaggerate service, product or premium characteristics, such as performance, speed, size, colour, durability, etc.

ii. The relative size of the product must be clearly established.

iii. When showing results from a drawing, construction, craft or modelling toy or kit, the results should be reasonably attainable by an average child.

iv. The words "new", "introducing", "introduces" or similar words may be used in the same context in any children's advertising for a period of up to one year only.

#### e. Product Prohibitions

i. Products not intended for use by children may not be advertised either directly or through promotions that are primarily child-oriented.

ii. Drug products, including vitamins, may not be advertised to children, with the exception of children's fluoride toothpastes.

#### f. Avoiding Undue Pressure

i. Children must not be directly urged to purchase or to ask their parents to make inquiries or purchases.

#### g. Price and Purchase Terms

i. Price and purchase terms, when used in advertising directed to children, must be clear and complete. When parts or accessories that a child might reasonably suppose to be part of the normal purchase are available only at extra cost, this must be clearly communicated.

ii. The costs of goods, articles or services in advertising directed to children must not be minimized as by the use of "only", "just", "bargain price", "lowest price(s)", etc.

iii. The statement "it has to be put together" or a similar phrase in language easily understood by children must be included when

it might normally be assumed that an article featured in advertising directed to children would be delivered assembled.

iv. When more than one product is featured in advertising directed to children, it must be made clear in the advertising which products are sold separately (this includes accessories).

#### h. Comparison Claims

i. In advertising to children no comparison may be made with a competitor's product or service when the effect is to diminish the value of other products or services.

#### i. Safety

- i. Adults or children must not be portrayed in clearly unsafe acts or situations except where the message primarily and obviously promotes safety.
- ii. Products must not be shown being used in an unsafe or dangerous manner (e.g. tossing a food item into the air and attempting to catch it in the mouth, etc.).

#### j. Social Values

- i. A range of values that are inconsistent with the moral, ethical or legal standards of contemporary Canadian society must not be encouraged or portrayed.
- ii. Advertising to children must not imply that without the product the child will be open to ridicule or contempt; or that possession or use of a product makes the owner superior (this latter prohibition does not apply to true statements regarding educational or health benefits).

#### k. General

- i. Advertising to children must:
- use age-appropriate language that is easily understandable by children of the age to whom the advertisement is directed;
- refrain from using content that might result in harm to children.
- collect only the information reasonably required to allow the child to engage in the activity, e.g. collect only the minimal amount of personal information sufficient to determine the winner(s) in contests, games or sweepstakes-type of advertising to children;
- limit the advertiser's right to deal with anyone other than the parents or guardians of children who win a contest, game or sweepstake's promotion;

- require children to obtain their parent's and/or guardian's permission before they provide any information; and make reasonable efforts to ensure that parental consent is given;
- refrain from using the data collected from children to advertise and promote products or services other than those designed for/appropriate for children;
- not attempt to collect from children data related to the financial situation or to the privacy of any member of the family. Furthermore, advertisers must not, and must not ask for permission to, disclose personal information that may identify children to third parties without obtaining prior consent from parents or unless authorized by law. For this purpose, third parties do not include agents or others who provide support for operational purposes of a website and who do not use or disclose a child's personal information for any other purpose. (April 2006)

#### I. Assessment

i. Each advertisement shall be judged on its individual merit. (January 2007)



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